



St Martin's Catholic Primary School

Physical Education Policy

OUR MISSION STATEMENT

Where children Love to Learn and Learn to Love.

***Psalm 25:5* Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long.**

Intent

At St Martin's Catholic Primary School, we are committed to providing all children with learning opportunities to engage and develop their confidence in Physical Education. This policy reflects our School's values and mission statement in relation to the teaching and learning of physical education. At St Martin's, our curriculum provides children with the opportunity to be competitive, co-operative and creative whilst promoting children to have a positive attitude towards physical fitness and a healthy lifestyle. We provide the pupils with the opportunity to become physically confident through a plethora of physical activities, afterschool clubs and competitions to build character and sportsmanship.

Vision

At St Martins we aim to inspire children to ***love to learn and learn to love*** by engaging children's interest in sporting activities through providing a wide range of opportunities within school, after school and within the wider community.

We aim to foster children's interest in physical wellbeing and healthy lifestyles in order to establish long lasting lifestyle messages.

We aim to promote our Christian values through sports and positively encourage children to share, respect, support, trust and work together reflecting our whole school vision.

Roles and responsibilities

The Physical Education coordinator is responsible for:

- Preparing policy documents and reviewing changes to the national curriculum and advising on their implementation
- Monitoring the learning and teaching of Physical Education, providing support for staff where necessary.
- Ensuring the progression from year group to year group
- Helping to develop colleagues' expertise in the subject
- Organising and distributing the sports funding expenditure
- Organising the deployment of resources
- Communicating developments in the subject to all teaching staff
- Organising, providing and monitoring CPD opportunities in the subject
- Ensuring common standards are met for recording and assessment
- Advising on the contribution of P.E to other curriculum areas

- Collating assessment data and setting new priorities for the development of Physical education in subsequent years

Classroom teachers are responsible for:

- Acting in accordance with this policy
- Ensuring progression of pupils' physical education skills, with due regard to the national curriculum
- Teaching lessons effectively, ensuring the content of the national curriculum are covered.
- Liaising with the Physical Education coordinator about resources that are required in order to support individual pupils
- Monitoring the progress of pupils in their class and reporting half-termly.
- Reporting any concerns regarding the teaching of the subject to the Physical Education coordinator or a member of the SLT
- Undertaking any training that is necessary in order to effectively teach the subject.

Curriculum

Pupils in KS1 and KS2 follow the 2014 National Curriculum for physical education. Pupils of all abilities have the opportunity to develop their skills through planned progression built into our curriculum, we offer them an increasing challenge as they move through the year groups – see our progression maps for more detail. Our progressive pathway has been adapted with the KSE team in order to create a bespoke curriculum to meet the needs of each individual class. Lessons are blocked in units of work to promote greater depth of understanding, developing skills, contextual application of these skills and the ability to perform reflectively. All staff follow the progression of skills in PE documents. Each class works with a coach from KSE at several points during the year. This allows the children to receive high quality PE Lessons and also provides valuable CPD for staff. Currently swimming lessons take place weekly for Years 2-6 with different classes taking lessons during different terms. We aim to get our children to swim the required 25m as young as possible .

Pupils in Nursery and Reception follow the 2024 EYFS Framework for physical education, where they are exposed and expected to achieve two related early learning goals.

- Moving and handling
- Health and self-care

Curriculum organisation and planning

- Each class is timetabled so that they can access the hall regularly.
- The playground areas, field and woodland are used to facilitate activities such as outdoor activities and games.
- Teaching staff deliver high quality PE activities/lessons for 1.5-2 hours per week.
- Swimming lessons are provided by qualified teachers from Brookvale swimming pool.
- Coaches from local sport clubs (e.g. Judo/ Cricket) regularly provide additional opportunities for extending the PE curriculum.
- After school sessions vary throughout the year and include activities such as football, cricket and multi-sports.
- Throughout our pupil's time at St Martin's Catholic Primary School we try to ensure that all children have the opportunity to take part in inter school competition.
- The school has strong links with the local high schools. We provide opportunities for young coaches and sports leaders to work with our pupils.

Assessment, recording and reporting

The progress and development of pupils within Reception is assessed against the early learning goals outlined in the 'Statutory framework for the early years foundation stage'. A photograph or video will be used to document some of their work and the physical development levels and progress are recorded by EYFS teachers for each child.

Throughout the year, for KS1 and KS2, teachers will plan assessment opportunities at the end of every half term in order to gauge whether pupils have achieved the key learning objectives. This will mainly be done through observations and sometimes through discussion with children. A photograph or video will be taken during the assessment lesson and teachers will record their assessment as 1 (not achieved) 2 (working towards) 3 (expected) or 4 (greater depth) on the Physical education assessment sheet.

Inclusion

At St Martin's Catholic Primary School, inclusion is of upmost important as we believe in providing every child with equal opportunities. In order to ensure our Physical education curriculum is inclusive, the following is provided:

- PE kits provided for any circumstances where a child does not have their own in school. In addition to this, lessons will provide good quality experiences that are suitably challenging for all pupils.
- Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities.
- For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of pupils.
- For the purposes of competitions, all children will be given the opportunity to participate in the experience.

Contribution of Physical Education to teaching in other curriculum areas.

English

Links between PE and English include: writing sequences, following/giving instructions, oral/peer assessments, speaking and listening, and movement within drama.

Maths

Links between PE and Mathematics include: measurement, shape and space, sequences, number, angles, position and movement, rotation and time.

Computing

Children use capturing and recording equipment (cameras and videos) for evaluation/ development of skills. Videos of professional/skilled athletes are also used to help develop good technique.

PSHE

PSHE and PE links include following rules, living healthily, co-operating with others and understanding fairness and equality.

Christian Values

Through sport children are taught the values of respect, trust, honesty, kindness and perseverance and responsibility.

Healthy Eating

The school recognises that physical activity is just one element of healthy lifestyles and actively promotes healthy eating to help combat child obesity. These messages are shared in clubs, lessons and through cookery sessions with all age groups.

Spiritual, moral, social and cultural development

PE offers many opportunities that support the social development of our children. Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

Health and Safety

- All staff have due regard for the current Association for Physical Education (AfPE) PE guidance 2012 when preparing and delivering PE lessons:
- Pupils are taught how to improve their own abilities to assess risks.
- First aid equipment is available, and all staff are trained in what action to take, including calling for assistance in the event of an accident.
- Inhalers for pupils suffering from asthma are made readily accessible
- Children with diabetes are monitored closely throughout and after PE lessons by staff.
- Regular checks are made on all equipment.
- The subject leader makes termly visual checks for wear and tear and security of major items, and all staff are responsible for reporting to the subject leader if any items show wear and tear.
- Any items constituting a danger are taken out of use immediately.
- All large items of equipment are inspected annually by an independent safety expert.

- Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.
- Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey stick above the waist, not jumping or running in front of others, etc).
- Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and other body piercings.
- Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.
- Pupils wear suitable footwear when travelling to and from the hall.
- If a child has no trainers/pumps for outdoor PE they use their shoes if the activities are on the playground.

Monitoring and review

The Physical Education coordinator will monitor teaching and learning in the subject at the school, ensuring that the content of the national curriculum is covered across all phases of pupils' education.

This policy will be reviewed on an annual basis by the Physical Education coordinator.

Any changes made to this policy will be communicated to all staff and the governing body.