

St Martin's Newsletter



SUMMER TERM - Friday 28th June

Key Dates For Year 6

Some key dates for Year 6 as follows:

9th July – End of school performance, one at 2pm and one at 5.30pm – Tickets can be bought via the gateway.

15th – 17th July – Residential trip to Robinwood.

19th July – Leavers assembly at 9.10am.

22nd July – Leavers party 2-4pm.

Key Dates

30th June – Communion procession at Our Lady's 11am

1st-3rd July – Y6 Transition days to high school

1st July – Meet you new teacher

2nd July – Y3 Stay and Pray 8.50am

4th July – SPORTS DAY (Weather permitting)

5th July – YR, Y1 & Y2 trip to Imagine That

9th July – EYFS Stay and Pray 8.50am

10th July – Y5&Y6 Mass 10am

Transition

On Monday we will be holding our transition morning where your children will get the chance to meet their new class teachers. It is a really important part of preparing them for the new school year so please try not to miss it.

Rainbow Hampers

Thank you for all the donations for our rainbow hampers. Tickets will go on sale next week.

Sports Day

Sports day is on Thursday 4th July. KS2 will be in the morning from 9.15am until approximately 11.15am. KS1 will be in the afternoon from 1.30pm until approximately 3pm.

Imagine That

On Friday 5th July it will be KS1 end of year trip to imagine that. They will be leaving just after 9am and will return for normal pick up time. Please ensure your child/ren are on time. If you haven't already, please make payment via the gateway, thanks.

Attendance

Unfortunately, we did not make it to 90% this week just missing out at 89.6% I am sure we will do better next week.

Attendance

Year R - 87% 1 Late

Year 1 - 91% 7 Lates

Year 2 - 82%

Year 3 - 95% 5 Lates

Year 4 - 88%

Year 5 - 95% 7 Lates

Year 6 - 89% 6 Lates

5 Classes with less than 10 lates

Well done to year 5, this weeks Dojo Champs

Anyone who comes into school after 8:50am is marked as late. Please try to be an attendance



Sponsored Read

Thank you and a big well done to everyone for your support with the sponsored read. We raised an amazing £313.50 to purchase books for school. Class winners will be announced on Monday.

St Martin's Stars

Well done to everyone who got a certificate this week.

Purple Tie certificates are given for children who embody our rules of being Kind Respectful and Responsible.

Pre-School – Olivia P

Year R – Ava-Grace C

Frankie K

Year 1 – Dylan W & Ava M

Kingsley N

Year 2 – Vanessa K & Francis M

Ava F

Year 3 – Chimmy I & Tyler J

Lennocks R

Year 5 – Ella R & Luke B

Lydia G

Year 6 – Ivan W & Macie B

Ava B

Wednesday Word

The Wednesday Word is a resource for parents to use when discussing the weekly Gospel's with their children.

<https://www.paperturn-view.com/uk/wednesday-word/faith?pid=MTA101634&p=2&v=1>
33.2

Stay And Pray

The Year 3 children would like to invite you to join them on Tuesday 2nd July at 8.50am for their collective worship - this will last no longer than 10 minutes and would be a lovely way to start your day. We really hope you can make it.

Clubs

Cricket club is on after school on **Monday** for **KS2** pupils pick up at **4.15pm**.

Y5 sports club is on **Thursday** pick up at 4.15pm. Altar server training for Y3 and 4 is not on this week due to church commitments.

Due to staff being required to accompany residential and competitions there are no other clubs this half term.

Parent Guides

This week's guide contains what parents need to know about promoting physical wellbeing <<https://nationalcollege.com/guides/promoting-physical-wellbeing>>. See the attached guide for more information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gilllett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



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