St Martin’s PE Long Term Plan 2023-2024

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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | PE Fundamentals- Gross Motor Skills | Dance | Fundamentals  Multi skills  Yoga  Yoga | Gymnastics | Multi- skills  Games  Yoga  Yoga | Athletics-  Sports Day Activities |
| Year 1 | Multi Skills  (Fundamentals-Games) | Dance  Yoga | Gymnastics | Net and Wall  Yoga  Yoga | Striking and Fielding | Athletics-  Sports Day Acivities  Judo  Judo |
| Year 2 | Multi Skills  (Fundamentals- Games)  Yoga  Yoga | Team Based Activities  Judo  Judo  Judo | Gymnastics | Dance  Swimming | Striking/ Fielding/ Net / Wall  Swimming  Swimming  Swimming | Athletics  Yoga |
| Year 3 | Net and Wall  Cricket | Invasion Games  Swimming  Swimming | Gymnastics | OAA/Dance  Judo | Striking and Fielding | Athletics  Cricket |
| Year 4 | Net and Wall  Cricket  Swimming | Invasion Games  Swimming | Gymnastics | OAA/Dance | Striking and Fielding  Judo  **Judo**  **Judo** | Athletics  Cricket |
| Year 5 | Net and Wall  Judo  Cricket | Invasion Games | Gymnastics  Swimming  Swimming | OAA/Dance | Striking and Fielding | Athletics  Cricket |
| Year 6 | Net and Wall  Cricket | Invasion Games | Gymnastics  Judo  Judo | OAA/Dance | Striking and Fielding  Swimming | Athletics  Cricket  Swimming |