St Martin’s PE Long Term Plan 2023-2024

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|  | Autumn 1  | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | PE Fundamentals- Gross Motor Skills | Dance | FundamentalsMulti skillsYoga Yoga | Gymnastics | Multi- skillsGamesYoga Yoga |  Athletics-Sports Day Activities |
| Year 1 | Multi Skills(Fundamentals-Games) | DanceYoga | Gymnastics | Net and WallYogaYoga | Striking and Fielding | Athletics-Sports Day AcivitiesJudoJudo |
| Year 2 | Multi Skills(Fundamentals- Games)YogaYoga | Team Based ActivitiesJudoJudoJudo | Gymnastics  | DanceSwimming | Striking/ Fielding/ Net / WallSwimmingSwimmingSwimming | AthleticsYoga |
| Year 3 | Net and WallCricket | Invasion GamesSwimmingSwimming | Gymnastics | OAA/DanceJudo | Striking and Fielding | AthleticsCricket |
| Year 4 | Net and WallCricketSwimming | Invasion GamesSwimming | Gymnastics | OAA/Dance | Striking and FieldingJudo**Judo****Judo** | AthleticsCricket |
| Year 5 | Net and WallJudoCricket | Invasion Games | GymnasticsSwimmingSwimming | OAA/Dance | Striking and Fielding | AthleticsCricket |
| Year 6 | Net and WallCricket | Invasion Games | GymnasticsJudoJudo | OAA/Dance | Striking and FieldingSwimming | AthleticsCricketSwimming |